

23rd Annual Canadian Otolaryngology Resident Sinus Course
University of Manitoba
Basic Medical Sciences Building – CLSF Skills Lab
Apotex Centre, 071
Winnipeg, Manitoba
July 11 and 12, 2026

COURSE DIRECTOR

Richard Gall, MD FRCSC

University of Manitoba

DAY ONE

8:30 am:	Registration and Breakfast	Brodie Centre
8:50 am:	Introduction and Welcome	R. Gall
9:00 am:	Lateral Nasal Wall/Maxillary/Ethmoid/Sphenoid anatomy	J. Lee
9:45 am:	Preoperative CT Review/Selecting the Surgical Candidate	D. O'Brien
10:15 am:	Refreshment break	Apotex Centre
10:30 am:	Medical Management of Sinusitis & the Role of Biologics	J. Han
11:15 am:	Surgical Ergonomics/Promoting Longevity in Surgical Careers	S. Nayan
11:35 am:	Complications of ESS – Causes and Management	M. Tewfik
12:10 pm:	Lunch	Joe Doupe Concourse

1:00 pm: LAB I: Interactive Endoscopic Dissection

- 1) Uncinate/Middle Meatal Antrostomy
- 2) Ethmoid Bulla/Basal Lamella
- 3) Penetrate Basal Lamella
- 4) Identify Superior Turbinate Basal Lamella
- 5) Identify Sphenoid Face
- 6) Identify Skull Base

3:45 pm:	Refreshment Break	J. Hildes Concourse
5:00 pm:	Dismiss	

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DAY TWO

8:00 am:	Breakfast	Brodie Centre
8:30 am:	Frontal Sinus Anatomy	M. Tewfik
9:15 am:	Peri-operative Care of the Sinus Patient	D. O'Brien
10:00 am:	Refreshment Break	J. Hildes Concourse

10:15 am: LAB II: Completion of Dissection/Advanced Techniques with lunch break, Q & A, Closing Remarks

- 1) Complete Endoscopic Frontal Sinus Approach
- 2) Above/Below Approach/Trephination
- 3) Lateral Canthotomy/Cantholysis
- 4) SPA Ligation/Orbital Decompression/Vidian Neurectomy
- 5) Transsphenoidal & Other skull base approaches

12:15 pm	Lunch	Joe Doupe Concourse
1:00 pm	Lab II (continued)	
4:45 pm:	Evaluations	J. Hildes Concourse
5:00 pm:	Departures – residents are welcome to continue with dissection until 5 PM	